

**Academic Requirements**

Candidates thinking this AS/A level could be a soft option - think again! AS/A level Physical Education is a natural extension to a very successful GCSE PE course that has operated for a number of years. It is not essential to have studied the GCSE to do well on the course, although students with such a background will initially be at an advantage. The course itself is both academically and physically challenging and it is particularly suited to students of a sound academic background who are competent in the sporting skills required for the practical component. We would prefer students who have achieved at least a B grade at GCSE Physical Education and/or Biology. It is essential the student has a passion for all sport and is interested in studying the application of theoretical topics to the practical elements, performing skills in a variety of sports and analysing performance in the eyes of a coach.

**Course Specification:** OCR Physical Education H154/H554

Level	Unit Title	Exam Duration	AS	A
AS	Acquiring, developing and Evaluating Practical Skills in PE	Moderated Assessment Course work file	40%	20%
AS	An Introduction to PE	2 hours	60%	30%
A2	Principles and concepts across different areas of PE	2.5 hours	70%	35%
A2	The improvement of effective performance and critical evaluation of practical activities in PE	Moderated Assessment	30%	15%

**Why Physical Education?**

As a whole the AS/A level Physical Education course is probably one of the broadest, covering aspects of biology, physics, psychology, sociology, classical civilization, history, geography, media studies and current affairs. It combines well with many other A level subjects particularly Biology, Geography and Psychology.

Physical Education is held in high regard by many universities and provides a sound foundation for those wishing to study degrees in Sport Science, Leisure Management, Recreational Management, Physiotherapy, Sports Therapy, Psychology, Outdoor Education and Teacher Training.

**A Student's Perspective**

‘A level PE was an incredible course incorporating both theoretical learning and practical application. It was an opportunity to study all aspects of Sport and Physical Education and at times was extremely demanding. It covered a variety of subjects, ranging from technical scientific aspects, to sociological studies to even Tom Brown’s School days!’

‘The Personal Performance Profile coursework is a chance to explore your favourite sport in detail, developing all the topics of study through that sport plus understand how to develop the skills needed as a coach. This knowledge then helped during the Oral Presentation in the second year as it gave you the confidence to communicate to other people on your particular sport.’